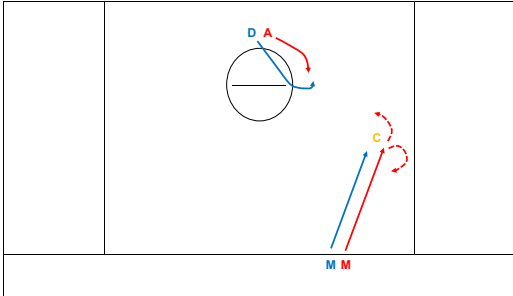


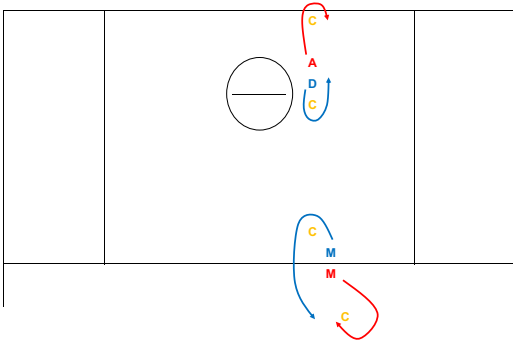
# MESA

## LACROSSE

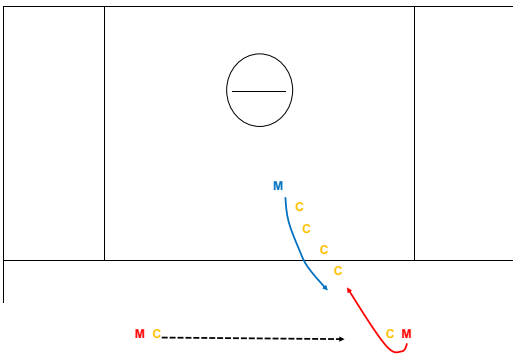
### 1 v 1 - Side-by-Side to Cone and then Play-It



### 1 v 1 - Back-to-Back Around a Cone



### 1 v 1 - Off a Catch



### 1 v 1 - Out of a Diamond - Then Stay in the Diamond

